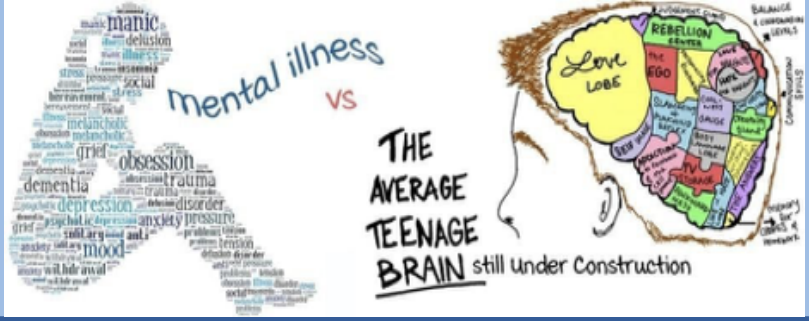

NAMI SOUTHERN NEVADA PRESENTS:

YOUTH MENTAL HEALTH AND WELLNESS TOWN HALL

PRESENTATION AND Q&A WITH LOCAL MENTAL HEALTH PROFESSIONALS

All families are invited to join this exciting event, 6th-12th grade students are welcome to join their parents!

DATE Tuesday, October 27, 2020

TIME 5:30 PM- 7:00 PM

TOPICS

- HOW TO MANAGE ABRUPT BEHAVIOR CHANGES
- COMMON MENTAL HEALTH CONCERNS IN TEENS
- HOW TO SEEK SUPPORT
- RAISING CONFIDENT AND RESILIENT CHILDREN

PANELISTS

- DR. SHELDON JACOBS, PSYD, LMFT
- EMILY ANDAYA, OWNER OF "SWEET RELIEF"
- BELINDA MARCHOUD, LMFT
- JENNIFER VOBIS, LMFT, INTERN
- LINDA CAVAZOS, SCHOOL TRUSTEE

NO REGISTRATION REQUIRED

ZOOM LINK: HTTPS://US02WEB.ZOOM.US/J/88371692024

NAMI Southern Nevada
National Alliance on Mental Illness

AmeriCorps